
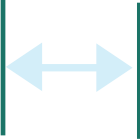






# COVID-19: REDUCE YOUR RISK

The more low-risk choices you make, the more protection you have from getting or spreading COVID-19.

**SAFEST** ————— **RISKIEST**

<b>Face Covering</b>		Everyone is wearing a mask or face covering	Most wearing masks	Some wearing masks	None wearing masks
<b>Social Distance</b>		Not engaging in any activity in person; virtual only	Staying 6 feet or more from others	Staying under 6 feet from others	Standing face to face, hugging, shaking hands
<b>Droplet Spread</b>		Breathing normally	Speaking or breathing heavily	Shouting, yelling or singing	Coughing or sneezing
<b>Location</b>		Outdoors in an open space	Staying under a shelter (gazebo, covered porch) outdoors	Large, indoor rooms with good air flow	Small, indoor rooms with poor air flow
<b>Food</b>		Only bringing and touching your own food	Serving pre-portioned food, using good hand hygiene	Family style, but using your own serving utensils	Sharing plates, utensils, and cups
<b>Groups</b>		Only household members	Small groups (two households, under 10 people)	Large groups over 10 people	Large gatherings with people from different geographic areas

**EXAMPLES**

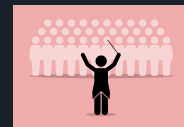
**SAFEST** ————— **SAFER, SOME RISK** ————— **RISKIEST**



Staying home with only people you live with



Small outdoor gathering, keeping at least 6 feet apart



Singing with a large choir in a small room

**ALWAYS REMEMBER**



Washing hands well and often reduces risk in all situations. If you don't have soap and water, use a hand sanitizer that contains at least 60% alcohol.



Stay home if you're feeling any mild symptoms, except to get medical care.