When do I need to be quarantined at home?

Quarantine means that you stay at home and are not around anyone other than your household members. You need to be in quarantine for 14 days after exposure to COVID-19.

Exposure to COVID-19 that requires quarantine includes:

- Close contact with someone with diagnosed/confirmed COVID-19 illness within the past 14 days.
- International travel to a country with widespread COVID-19 within the past 14 days. Currently this includes China, Iran, South Korea, Europe, United Kingdom and Ireland. See the updated list at: https://www.cdc.gov/coronavirus/2019-ncov/travelers/after-travel-precautions.html

You DO NOT need to be quarantined if:

- You were in a public place such as a store, and briefly walked by someone who later was diagnosed with COVID-19.
- You are a ‘contact of a contact’. For example, you had lunch with Jane (and neither of you had any symptoms). The next day Jane tells you a household member was just diagnosed with COVID-19. Jane will need to be in quarantine, but you do not.

If you have questions about whether you should be in quarantine, contact your local health department.

The Benzie-Leelanau District Health Department’s COVID-19 Information line is 231-882-2197.