Plan First! provides coverage for office visits for family planning, prescriptions for birth control, contraception, lab tests, treatment of sexually transmitted infections, and some sterilization for women 21 years and older. It does not provide coverage for abortions or infertility treatment.

Enrollment into Plan First! can be completed by appointment at the Benzie-Leelanau District Health Department or local DHS office. In addition, an application can be downloaded at www.michigan.gov/mdch.

It is estimated that each public dollar spent to provide family planning services saves $3 that would otherwise be spent in Medicaid costs for pregnancy-related care and medical care for newborns, according to national Medicaid research.

These services provide cost-savings solutions for the Medicaid program, as well as prevent unintended pregnancies (MDCH 2006).

The Plan First! Program, launched by the Michigan Department of Community Health (MDCH) in conjunction with local health departments now provides family planning services to women ages 19 to 44 who otherwise would not have medical coverage for these services.

The Creation of the Plan First! Program came after the federal government approved the Governor’s request for a Medicaid waiver to fund the program in March 2006. Michigan kicked off its official Plan First! Marketing campaign on July 5, 2006, when television commercials debuted throughout the state.

Benzonia and Lake Townships have the highest concentration of holding tanks (217) in Benzie County. With the increase in pumping costs since the state law was amended in 2004 as well as the mandate to dispose of the wastes in municipal treatment facilities, alternatives to holding tank systems have been sought. The project plan, which is to be completed in summer 2007, will delineate alternatives to those residents who are interested in taking part in the opportunity.

Benzie Countian’s Benzonia and Lake Townships began a process in early 2006 that will allow home owners to upgrade substandard on-site septic systems as well as existing holding tank installations by obtaining long-term/low interest financing. This financing will be supported through the Strategic Water Quality Initiative Fund (SWQIF). The project will proceed through a planning process that determines need and brings forward alternative options. A collaborative effort between the two townships, the Benzie-Leelanau District Health Department and the Northwest Michigan On-Site Wastewater Task Force has enabled this process to move forward.

Plan First! provides coverage for office visits for family planning, prescriptions for birth control, contraception, lab tests, treatment of sexually transmitted infections, and some sterilization for women 21 years and older. It does not provide coverage for abortions or infertility treatment.

Enrollment into Plan First! can be completed by appointment at the Benzie-Leelanau District Health Department or local DHS office. In addition, an application can be downloaded at www.michigan.gov/mdch.
The Health of our Community

Select Health Data

<table>
<thead>
<tr>
<th>Condition</th>
<th>Michigan Rate/1,000 People</th>
<th>Benzie/Leelanau Rate/1,000 People</th>
</tr>
</thead>
<tbody>
<tr>
<td>No Health Care Coverage Ages 18-64</td>
<td>14.5%</td>
<td>21.3%</td>
</tr>
<tr>
<td>No Personal Health Care Provider</td>
<td>14.4%</td>
<td>12.8%</td>
</tr>
<tr>
<td>No Health Care Access Last Year due to Cost</td>
<td>12.7%</td>
<td>11.6%</td>
</tr>
<tr>
<td>Dissatisfied with Life</td>
<td>6.3%</td>
<td>1.2%</td>
</tr>
<tr>
<td>Current Smoking</td>
<td>21.9%</td>
<td>14.2%</td>
</tr>
<tr>
<td>Inadequate Physical Activity</td>
<td>50.5%</td>
<td>31.4%</td>
</tr>
<tr>
<td>Weight—Obese</td>
<td>26.5%</td>
<td>31.4%</td>
</tr>
<tr>
<td>Weight—Overweight</td>
<td>36.6%</td>
<td>33.2%</td>
</tr>
<tr>
<td>Weight—Normal Weight</td>
<td>37%</td>
<td>35.4%</td>
</tr>
</tbody>
</table>

Preventable Hospitalizations 2004

<table>
<thead>
<tr>
<th>Preventable Hospitalization Condition</th>
<th>Michigan Rate/1,000 People</th>
<th>Benzie/Leelanau Rate/1,000 People</th>
</tr>
</thead>
<tbody>
<tr>
<td>All Preventable Hospitalizations</td>
<td>25.6</td>
<td>15.1</td>
</tr>
<tr>
<td>Congestive Heart Failure</td>
<td>4.2</td>
<td>2.6</td>
</tr>
<tr>
<td>Bacterial Pneumonia</td>
<td>3.7</td>
<td>1.8</td>
</tr>
<tr>
<td>Chronic Obstructive Lung Disease</td>
<td>2.1</td>
<td>1.2</td>
</tr>
<tr>
<td>Asthma</td>
<td>1.6</td>
<td>0.9</td>
</tr>
<tr>
<td>Kidney/Urinary Infection</td>
<td>1.5</td>
<td>1.1</td>
</tr>
<tr>
<td>Cellulitis</td>
<td>1.3</td>
<td>0.6</td>
</tr>
<tr>
<td>Dehydration</td>
<td>1.0</td>
<td>0.6</td>
</tr>
<tr>
<td>Diabetes</td>
<td>1.2</td>
<td>0.6</td>
</tr>
<tr>
<td>Convulsions</td>
<td>0.8</td>
<td>0.6</td>
</tr>
<tr>
<td>All other Preventable Hospitalization Conditions</td>
<td>7.7</td>
<td>5.6</td>
</tr>
</tbody>
</table>

Teen Pregnancy Rates 1990-2005

<table>
<thead>
<tr>
<th>Year</th>
<th>Michigan Rate/1000</th>
<th>Benzie/Leelanau Rate/1000</th>
</tr>
</thead>
<tbody>
<tr>
<td>1990</td>
<td>99.4</td>
<td>104.0</td>
</tr>
<tr>
<td>1995</td>
<td>82.2</td>
<td>71.5</td>
</tr>
<tr>
<td>2000</td>
<td>63.9</td>
<td>44.9</td>
</tr>
<tr>
<td>2002</td>
<td>57.1</td>
<td>38.5</td>
</tr>
<tr>
<td>2004</td>
<td>55.2</td>
<td>26.0</td>
</tr>
<tr>
<td>2005</td>
<td>52.8</td>
<td>33.1</td>
</tr>
</tbody>
</table>
Health Department Services

PERSONAL HEALTH SERVICES

WIC
- Monthly Participants: 707
- Migrant Farm Worker Participants: 74

Immunizations
- Childhood Vaccines Administered: 1144
- Flu Shots Administered: 1510
- Pneumonia Shots Administered: 20
- Vaccines distributed to Health Care Providers: 4016

Prenatal Care Enrollment and Care Coordination
- Applications Processed: 70
- Prenatal Care Coordinated: 292 Clients

Health Care Enrollment
- CHAP (Coalition Health Access Program)
  - Application Processed: 197
  - Clients enrolled: 157

Maternal and Infant Support Services
- MSS Clients Enrolled: 87
- MSS Visits Made: 703
- ISS Clients Enrolled: 57
- ISS Visits Made: 864

Children Special Health Care Services
- Enrolled Children: 133

Hearing and Vision Screening
- Children Hearing Tested: 1680
- # Referred for evaluation: 53
- Children Vision Tested: 1586
- # Referred for evaluation: 115

Family Planning
- Clients Served: 572

HIV Counseling and Testing
- Clients Tested: 64

Breast and Cervical Cancer Screening
- Clients Served: 180

Healthy Futures
- Average Caseload: 292 Families
- Total Home Visits Made: 127 visits

Let's Get Moving Northern Michigan
- Participants: 272

Communicable Disease Surveillance and Follow-up

<table>
<thead>
<tr>
<th>Disease</th>
<th>2006</th>
<th>2005</th>
<th>2004</th>
</tr>
</thead>
<tbody>
<tr>
<td>Foodborne/Enteric</td>
<td>17</td>
<td>9</td>
<td>6</td>
</tr>
<tr>
<td>Meningitis</td>
<td>1</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>Sexually Transmitted DX</td>
<td>44</td>
<td>43</td>
<td>n/a</td>
</tr>
<tr>
<td>Hepatitis (All types)</td>
<td>26</td>
<td>9</td>
<td>2</td>
</tr>
<tr>
<td>Total All Diseases</td>
<td>118</td>
<td>112</td>
<td>24*</td>
</tr>
</tbody>
</table>

ENVIRONMENTAL HEALTH SERVICES

General Environmental Health
- Subdivision/Condo Reviews: 16
- Swimming Pools Inspected: 34
- Campgrounds Licensed: 27

Food Program
- Fixed Food Licenses: 198
- Fixed Food Inspections: 351
- Fixed Food Follow-up Inspections: 117
- Temporary Food Licenses and Inspections: 129

Water and Sewage
- Sewage Permits: 540
- Well Permits: 507
- Full Septic/Well Evaluations: 291
- Vacant Land Evaluations: 211

BUDGET

2006 Expenditures
$2,245,705

- Personnel - 62%
- Space Costs - 15%
- Travel - 4%
- Supplies - 11%
- Professional Services - 3%
- Communications - 2%
- Other - 3%

2006 Revenues
$2,254,245

- Federal & State Grants - 39%
- Fees & Collections - 26%
- Rents - 10%
- Local Funds - 24%
- Other - 1%

*Electronic reporting system only partially activated
Benzie-Leelanau District Health Department

BOARD OF HEALTH

Don Howard, Chair
Mary Tonneberger, Vice Chair
Mary Pitcher, Secretary/Treasurer
Melinda Lautner
Dr. Richard Nielsen
Jim Houdek

ADMINISTRATIVE TEAM

Health Officer/Environmental Health Director
William Crawford, R.S., M.S.A.
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Director of Administrative Services
Dodie Putney, B.S.
dputney@bldhd.org

ENVIRONMENTAL HEALTH STAFF

Tom Fountain, B.S., R.S., EH County Supervisor
Chuck Grant, B.S., R.S., EH County Supervisor
Marc Grossnickle, B.S., R.S., Sanitarian
Vicki Houdek, Office Secretary
Eric Johnston, B.S., R.S., Type II Water Coordinator
Kris Malkowski, Office Secretary
Clay McNitt, B.S., R.S., Sanitarian
Tom Rademacher, B.S., R.S. Food Program Coordinator

PERSONAL HEALTH STAFF

Debbie Aldridge, R.N., WIC Coordinator
Becky Coats, M.S.W., Social Worker
Tammy Flores, Public Health Technician
Ruth Griner, L.P.N., Hearing/Vision Technician
Sharon Husted, Office Secretary
Renee Jacobson, R.N., M.S.N., Nurse Practitioner
Michelle Klein, R.N., M.A., Community Health Coordinator
Sue Kline, R.N., M.S.N., C.N.S., Personal Health Supervisor
Victoria Kriskywicz, Public Health Technician
Carole McCord, M.S., R.D., Dietician
Sheila Pritchard, R.N., B.S.N., Public Health Nurse II
Rachelle Stapleton, B.S., R.D., Dietician
Kerry Turner, Public Health Technician

ADMINISTRATIVE SERVICES

Heidi Roper, Account Clerk
Kathy Cudney, Purchasing Manager

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Benzonia, MI 49616
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