

FAMILY DISASTER SUPPLIES KIT

To prepare your kit:

- ❖ Review this checklist
- ❖ Gather your supplies. You may need them if your family is confined to home.
- ❖ Place the supplies you'd most likely need for an evacuation in an easy-to-carry container.

Water: Store one gallon of water per person, per day. Keep a three day supply on hand. Store in non-breakable plastic containers.

Food: Store a three day supply of non-perishable food that doesn't require refrigeration or cooking, and needs little or no water for preparation. Canned fruits, vegetables, meats, soups, juices; high energy foods (peanut butter, granola); comfort foods (cookies, instant coffee, hard candy); vitamins; foods for special diets (infants, elderly).

First Aid:

<input type="checkbox"/> Assorted bandages and gauze pads	<input type="checkbox"/> Tape
<input type="checkbox"/> Scissors	<input type="checkbox"/> Tweezers
<input type="checkbox"/> Needle	<input type="checkbox"/> Anti-septic
<input type="checkbox"/> Moistened Towelettes	<input type="checkbox"/> Petroleum Jelly
<input type="checkbox"/> Safety Pins	<input type="checkbox"/> Cleansing Agent/soap
<input type="checkbox"/> Sunscreen	<input type="checkbox"/> Medications (Pain reliever, anti-diarrheals, laxatives, antacids)

(You should have one first aid kit for home, and one for each car)

Tools/Supplies:

<input type="checkbox"/> Plates, cups, bowls, utensils	<input type="checkbox"/> Radio and extra batteries
<input type="checkbox"/> Flashlight and extra batteries	<input type="checkbox"/> Cash
<input type="checkbox"/> Can opener	<input type="checkbox"/> Utility knife
<input type="checkbox"/> Pliers	<input type="checkbox"/> Tape
<input type="checkbox"/> Compass	<input type="checkbox"/> Matches (in waterproof container)
<input type="checkbox"/> Aluminum foil	<input type="checkbox"/> Plastic Storage Containers
<input type="checkbox"/> Signal Flare	<input type="checkbox"/> Paper, pencil, pens
<input type="checkbox"/> Needles, Thread	<input type="checkbox"/> Medicine Dropper
<input type="checkbox"/> Shut-off wrench (household gas/water)	<input type="checkbox"/> Map of area
<input type="checkbox"/> Toilet paper	<input type="checkbox"/> Soap/liquid detergent
<input type="checkbox"/> Feminine Supplies	<input type="checkbox"/> Plastic garbage bags, ties
<input type="checkbox"/> Plastic bucket with tight lid	<input type="checkbox"/> Disinfectant
<input type="checkbox"/> Household chlorine bleach	

Clothing/Bedding:

<input type="checkbox"/> Sturdy shoes/work boots	<input type="checkbox"/> Rain gear
<input type="checkbox"/> Blankets/sleeping bags	<input type="checkbox"/> Hat and gloves
<input type="checkbox"/> Thermal underwear	<input type="checkbox"/> Sunglasses
<input type="checkbox"/> Coats/jackets	

At least one complete change of clothing and footwear per person

Special Items:

<input type="checkbox"/> For Baby:	Formula, diapers, bottles, powdered milk, medications
<input type="checkbox"/> For Adults:	Heart/blood pressure medications, insulin, prescription drugs, denture needs, contact lens supplies, extra eye glasses
<input type="checkbox"/> Entertainment:	Books, games
<input type="checkbox"/> Important Family Documents:	(keep in waterproof, portable container) Wills, insurance policies, contracts, deeds, stocks and bonds; passports, social security cards, immunization records; bank account numbers; credit card numbers and companies; inventory of household valuables; important telephone numbers; birth/marriage/death certificates.