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PERSONAL HEALTH DIVISION

For Immediate Release

May 4, 2020

The Benzie-Leelanau District Health Department COVID-19 Update

As of 2pm today, the Benzie-Leelanau District Health Department continues to report four positive cases of COVID-19 in Benzie County and nine positive cases in Leelanau County. As noted last week, any recent discrepancies were errors related to repeat tests on known positive cases. The Health Department has recorded 283 individuals tested with 27 pending results. Due to software and web issues, the State of Michigan's daily update to case counts will happen later tonight. As of yesterday, the State of Michigan has reported 43,754 cases and 4,049 deaths.

The Benzie-Leelanau District Health Department's COVID-19 Dashboard was updated today with zip code information. Zip codes with less than five cases will display "<5" to protect potentially identifiable information. The Dashboard will continue to be updated daily around 4pm and with that a reminder that we will now be sharing these updates three times per week.

Additional and updated information can be found on our [Website](#) and [Facebook](#) or by calling our public information line 231-882-2197. The Michigan Department of Health and Human Services (MDHHS) has a statewide hotline for COVID-19. Public health and other experts will answer health-related questions about COVID-19. The hotline will be open seven days a week from 8 a.m. to 5 p.m. at 1-888-535-6136.

We know that the efforts to flatten the curve are working and we are proud of our community for their efforts to Stay Home and Stay Safe! However, we also recognize that these are very difficult times. "Social isolation is extremely stressful but we know that some people are also experiencing severe financial and social stressors as well. We encourage everyone to be aware of the resources that are available for support for themselves or others around them", states Lisa Peacock, Health Officer. Below is a listing of all the statewide and national crisis lines, warm lines, and text lines that deal with mental health issues and/or COVID-related issues:

- The National Suicide Prevention hotline. People having suicidal thoughts are urged by MDHHS to contact the National Suicide Prevention Lifeline 24/7 at 800-273-8255.
- The statewide peer "Warmline" for Michiganders living with persistent mental health conditions. The warmline operates seven days a week from 10 a.m. to 2 a.m. at 888-PEER-753 (888-733- 7753)
- Confidential text conversations with a crisis counselor. Trained crisis counselors are available 24/7 by texting the keyword RESTORE to 741741.
- Free access to the Headspace website for all Michigan residents, which provides evidence-based guided meditations to address rising stress and anxiety.

Additional information about all of these resources can be found on the MDHHS [Stay Home, Stay Well](#) webpage. Residents can call 211 to get information and resources locally for their needs.

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