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Health Department Offers Reproductive Health Services
Connecting residents to low- or no-cost family planning, reproductive healthcare

Two clinics in Benzie-Leelanau District Health Department's (BLDHD) jurisdiction are among the state's 92 Title X clinics highlighted by the Michigan Department of Health and Human Services (MDHHS) and Governor Gretchen Whitmer Wednesday. The clinics exist to provide low- or no-cost family planning and reproductive health services. Currently, approximately 100 residents receive services through Benzie and Leelanau County clinic sites each year.

"Our clinics provide essential healthcare and confidential, high-quality reproductive health services at little or no cost," said Michelle Klein, BLDHD Personal Health Director. "We welcome everyone, regardless of insurance status, income, or ability to pay." Costs are determined on a sliding scale, and no one is refused service based on their inability to pay.

The Title X clinics provide:

- Breast and cervical cancer screenings
- Wellness exams
- Birth control
- Testing and treatment for sexually transmitted infections, including Rapid HIV tests
- Pregnancy tests, counseling, and referrals
- Preconception health counseling and basic infertility counseling

Note: Title X and BLDHD reproductive health clinics do not provide abortions.

An estimated 9% of Benzie and Leelanau Counties residents do not have health insurance (County Health Rankings, 2022). In 2021, 76% of our clients are either insured by Medicaid or uninsured and about 24% have private insurance. "Our goal is to provide accessible healthcare for those most in need and with the soaring cost of living, our role in the community is more crucial than ever," Klein added.

Title X is a national family planning program, enacted in 1970. It was created to provide affordable birth control and reproductive healthcare to individuals regardless of residency or immigration status, as well as age, race, sexual orientation, gender identity, income or insurance status, or any other characteristic.

To make an appointment at a local clinic, call 231-256-0200. To learn more about Title X, go to https://www.michigan.gov/mdhhs/adult-child-serv/childrenfamilies/familyhealth/familyplanning?utm_campaign=&utm_medium=email&utm_source=govdelivery.