



July 2021 Newsletter

July 25th is Parents' Day



Children learn by your example. Model to them how to honor parents soon after they wake up on **Parents' Day**. Help your children understand what a wonderful start to the day it is if they greet parents with a smiling face, flowers in their hands, then hug them one by one and make them feel how happy they are because of their parents. Then, help them plan and execute a fun day for all to celebrate. You can honor their Grandparents, the children honor you and a valuable lesson of love and respect is passed down through the generations, all while having a fun day with your family.

Parents' Day Ideas

- ~ Go on a picnic with your family
- ~ Cook their favorite meal.
- ~ Join parents on one of their hobbies.
- ~ Gather the family together.



Sunday, July 4th is Independence Day. Nothing says summer family fun like a day on the beach, a hand-scooped ice cream cone and 4th of July fireworks. Please keep in mind that fireworks can be scary for small children. It might be a good idea to bring some headphones or be prepared to leave early.

Social & Emotional Competence of Children

Family and child interactions that help children develop the ability to communicate clearly, recognize and regulate their emotions and establish and maintain relationships.

We know that children who effectively and positively express their feelings and needs are more likely to develop strong, trusting, and cooperative relationships with others. **You can:**

- Encourage your child to use words to communicate when angry or frustrated
- Seek support with challenging behaviors to reduce stress for the family
- Identify a trusted resource for information and support about normal behavior for your child. Parenting Communities is here to help!



Date & location changes:

Myles-Kimmerly Park Playgroup from 10-11 is moving to Tuesdays
Cherrybend Playgroup 2nd and 4th week of the month has moved to Great Lakes Children's Museum 10-11:30

Other Playgroup Dates:

Tuesday: Northport School Playground from 10-11
Wednesday: Cherrybend Community Park 10-11
1st and 3rd Wednesdays
Thursday: Leland School Playground from 10-11
Friday: Suttons Bay Playground from 10-11
Playgroups are geared toward ages 0-6, siblings are welcome! A small snack will be provided. We look forward to connecting with you!

Don't forget: Rooted Beginnings Support Group @ GT Lk Children's Museum 10-11:30



Introducing Dolly Parton's Imagination Library

Now available in Leelanau County

Reading Matters!

HERE'S THE IMPACT OF
READING 20
MINUTES PER DAY!

A student who reads	A student who reads	A student who reads
20:00	5:00	1:00
minutes per day	minutes per day	minute per day
will be exposed to 1.8 MILLION words per year and scores in 90th PERCENTILE on standardized tests	will be exposed to 282,000 words per year and scores in 50th PERCENTILE on standardized tests	will be exposed to 8,000 words per year and scores in 10th PERCENTILE on standardized tests

Source: Nagy, Anderson and Herman, 1997

SCHOLASTIC

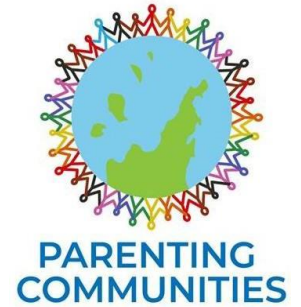
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Supported by the Leelanau County Early Childhood Millage



Books For Children Under Age Five In Leelanau County





AT NO COST TO PARENTS

- Dolly Parton's Imagination Library is now available for children from birth to their fifth birthday who reside within the borders of Leelanau County.
- Their parent or guardian can register them online at www.imaginationlibrary.com.
- Each child will receive a book in the mail every month until their fifth birthday.
- All costs are covered by the Leelanau Early Childhood Millage.
- Sign up online now so your little one can begin receiving their books!



July 2021 Parenting Communities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Find us @PCLeelanau</p> <p>NOTE: ALL ACTIVITIES ARE FREE FOR EVERYONE</p>	<p>Parenting Communities Community Health Workers: Hollie Anderson (231)357-5777 Kathy Bartell (231)357-5443 Heather Muha ~ Social Worker (231)383-2856</p>	<p>Parenting Communities; Benzie-Leelanau District Health Department (bldhd.org)</p>	 <p>PARENTING COMMUNITIES</p>	<p>1 Parenting Communities Playgroup @ Leland School Playground 10-11 Glen Lake Community Library Story Time @ 11 Wiggler's Preschool Storytime @ Leelanau Twp. Library 10:30am</p>	<p>2 Parenting Communities Playgroup @ Suttons Bay School Playground 10-11 Virtual Storytime Reimagined with Leland Township Library 10:30 (Check FB for details)</p>	<p>3 Leelanau Farmers Markets Suttons Bay M22 & M204 9am-1pm Empire Next to Post office 9am-1pm</p>
<p>4 Northport Fireworks 4th of July Celebration 10pm Bayfront at Haserot Park</p>		<p>6 Parenting Communities Playgroup @ Northport School Playground 10-11 Parenting Communities Playgroup @ Myles-Kimmerly 10-11 Suttons Bay Bingham Twp Library Outdoor Story Hour @ 10:30</p>	<p>7 Parenting Communities Playgroup @ Cherrybend Community Park 10-11 Leelanau Laundry Project Suttons Bay Laundromat 6-10pm (last wash 8:30)</p>	<p>8 Parenting Communities Playgroup @ Leland School Playground 10-11 Glen Lake Community Library Story Time @ 11 Wiggler's Preschool Storytime @ Leelanau Twp. Library 10:30am</p>	<p>9 Parenting Communities Playgroup @ Suttons Bay School Playground 10-11 Virtual Storytime Reimagined with Leland Township Library 10:30 (Check FB for details)</p>	<p>10 Leelanau Farmers Markets Suttons Bay M22 & M204 9am-1pm Empire Next to Post office 9am-1pm</p>
	<p>12 LCN: Food Pantry 2-6 Baby Pantry 2-6 Neighborhood Assistance 2-4</p>	<p>13 Parenting Communities Playgroup @ Northport School Playground 10-11 Parenting Communities Playgroup @ Myles-Kimmerly 10-11 Suttons Bay Bingham Twp Library Outdoor Story Hour @ 10:30</p>	<p>14 Parenting Communities Playgroup @ Great Lakes Children's Museum 10-11:30</p>	<p>15 Parenting Communities Playgroup @ Leland School Playground 10-11 Glen Lake Community Library Summer Reading Program @ 11 Wiggler's Preschool Storytime @ Leelanau Twp. Library 10:30am</p>	<p>16 Parenting Communities Playgroup @ Suttons Bay School Playground 10-11 Virtual Storytime Reimagined with Leland Township Library 10:30 (Check FB for details)</p>	<p>17 Leelanau Farmers Markets Suttons Bay M22 & M204 9am-1pm Empire Next to Post office 9am-1pm</p>
	<p>19 LCN: Food Pantry 2-6 Baby Pantry 2-6 Neighborhood Assistance 2-4</p>	<p>20 Parenting Communities Playgroup @ Northport School Playground 0-11 Parenting Communities Playgroup @ Myles-Kimmerly 10-11 Suttons Bay Bingham Twp Library Outdoor Story Hour @ 10:30</p>	<p>21 Parenting Communities Playgroup @ Cherrybend Community Park 10-11 Leelanau Laundry Project Suttons Bay Laundromat 6-10pm (last wash 8:30)</p>	<p>22 Parenting Communities Playgroup @ Leland School Playground 10-11 Glen Lake Community Library Summer Reading Program @ 11 Wiggler's Preschool Storytime @ Leelanau Twp. Library 10:30am</p>	<p>23 Parenting Communities Playgroup @ Suttons Bay School Playground 10-11 Virtual Storytime Reimagined with Leland Township Library 10:30 (Check FB for details)</p>	<p>24 Leelanau Farmers Markets Suttons Bay M22 & M204 9am-1pm Empire Next to Post office 9am-1pm</p>
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